

STARA OSMICA
(Serbia)

The steps of Stara Osmica (STAH-rah OHS-mee-tsa) are from the Sumadija region in Central Serbia; the dance was arranged by Bora Gajicki.

Record: Borino Kolo Folk Ensemble, BK 678 (LP). 4/4 meter

Formation: Lines facing ctr, with hands joined and down.

MeasPattern

1-8 INTRODUCTION. No action.

FIGURE I.

- 1 Moving LOD, step R to R (ct 1); close L to R (ct 2); repeat action of cts 1,2 (cts 3,4).
 2-7 Repeat action of meas 1 six more times (14 step-closes in all).
 8 In place, stamp R,L (cts 1,2,3,4).
 9-16 Repeat action of meas 1-8.

FIGURE II.

- 1 Still moving LOD, step R to R (ct 1); close L to R (ct 2); step R to R (ct 3); hold on R with L heel behind R calf-ankle.
 2 Repeat action of meas 1 (Fig. II) with opp ftwk and in opp direction.
 3 Moving LOD, step R to R (ct 1); close L to R (ct 2); repeat action of these cts 1,2 (cts 3,4).
 4 Repeat action of meas 1 (Fig. II).
 5-8 Repeat action of meas 1-4 (Fig. II) with opp ftwk and in opp direction, except on last meas stamp L,R (cts 1,2,3,4), end with wt on L.
 9-16 Repeat action of meas 1-8 (Fig. II).

FIGURE III.

- 1 Hop on L (ct 1); step R in front of L (ct 2); step L in place (ct 3); pause (ct 4).
 2 In place hop on L (ct 1); step R,L (cts 2,3); pause (ct 4).
 3 Repeat action of meas 1 (Fig. III).
 4 Jump on both ft with plié (cts 1-2); jump again, landing on R, with L ft in back of R (cts 3-4).
 5-8 Repeat action of meas 1-4 (Fig. III) with opp ftwk.
 9-16 Repeat action of meas 1-8 (Fig. III) except on last meas jump onto balls of both ft.

Repeat dance from beginning, until end of music.

Presented by Bora Gajicki